

Newsletter

Information

Children In Need

- We will be helping to raise money for Children In Need tomorrow 13TH November. We will be selling biscuits and cakes at break time. Please send your child in with £1 donation if they would like one.
- Children can also wear accessories along with their school uniform.



Parents Coffee Morning

Unfortunately we have not been able to continue with the coffee mornings where parents used be able to come in to school, meet other parents, find out what is going on in school and other useful information that may help you at home. We are really missing seeing the parents and know that parents also are missing the company and time to chat. Therefore we are arranging a parents coffee morning on zoom. Please look out for the date of the first session on Dojo. We will share the Zoom link on there too. The first session will include an update on the new arrangements in school, plans for Christmas, well- being activities and a demonstration of how to make spicy vegetable rice. If you have any ideas of items to you would like us to include or something you would like to share in future meetings please let Naseem know or send a message on Dojo. Please join us with your cup of tea !

INTU University

Reminder that year 6 will going to INTU University for the week on 23rd November. This is a great opportunity for the children to cover the science curriculum as well as develop their confidence and communication skills. Throughout the week the children will be working in a groups and learning how effective teams work. They will also find out more about universities life and the opportunities that will be available to them as they leave school. If you have not already could you please return the consent forms to school ASAP.

Remembrance Day



Remembrance Day is a significant time in the year that we remember the sacrifice soldiers have made and are still making for peace, safety and the lives of others. Yesterday we were able to observe the 2 minutes silence along with Sycamore Academy via TEAMS. It was lovely to be able to come together from different ends of the City and remember our fallen heroes. Please look out for a link to watch this on class dojo.

Reception

In Reception we have been doing lots of work around celebrations. The children have written some fantastic poems about fireworks. They also created some amazing bunting to decorate our home corner ready for Diwali.



Year 1

This half term Year 1 are finding out about Autumn using our 5 senses, we have been on a senses hunt and later in the term we will be exploring our local area just like Duck, Squirrel and Cat in our class story 'A Pipkin of Pepper'.



Year 2

This week the children have had an exciting week as they discovered a mysterious egg. So we became detectives and found it to be a dragon's egg.



Year 3

We have had a super start to the second half of Autumn in Year 3. Thank you to all those who sent their children to school on Monday in their traditional clothes to celebrate our identity and where we come from to kick start our Geography topic!



The children are enjoying our new text in English 'The Iron Man' by Ted Hughes and already we are seeing some great writing in different genres.



Please continue to support your children with their home learning, it really does make a huge difference to their learning. Keep logging into all their apps each night for 15 minutes. Thanks for all your support.

Year 4

We have had a great time this week, we have been tasting tea and writing descriptions of the flavours and aromas and also started to read our class story "Cloud Tea Monkeys".

We have also been learning about each of the seven continents and researching facts and information in teams.



Year 5

This term year 5 have been going to the Forest School where they take part in outdoor activities such as, making camp fires, building dens and learning about nature. They have really enjoyed this and are extremely pleased to have the opportunity to return to this safely.



Year 6



In class 6 we have had weekly visits from DARE 25, their aim is to equip young people with a range of knowledge and skills which they can use as the transition to secondary and beyond. Here is a few comments from the children.

"We have learnt about things we didn't know before, like peer pressure, responsibilities and resisting drugs and alcohol."
Sahar

"It shows you strategies of how to get out of risky situations".
Rawa

"The thing I like about DARE is that it shows you how to be safe and not to get involved in crime. We have also learnt a lot about the effect drugs can have on you."
Ardil



Packed lunches

It is important that even if your child brings in a packed lunch that it is a healthy and well balanced. We are encouraging children to swap crisps, chocolates and other unhealthy options to a healthy choice.

A packed lunch needs to contain items such as:

Sandwich/wrap/cold pasta, salad, vegetable sticks- carrots cucumber, fruit/raisins, yoghurt, cereal bar, crackers and cheese, milk/water/ fruit juice.

You could swap the crisps to carrot and cucumber sticks with a dip or the chocolate to a healthy cereal bar.

For more information and ideas please visit the website www.nhs.uk Change 4 Life and search for Healthy Lunch Recipes



Spicy chicken and salad wrap

Ingredients

- 1 tbsp low-fat Greek style yoghurt
- ¼ tsp of curry powder, to taste
- Large pinch of chilli powder, to taste
- 85g cooked chicken breast, chopped into small pieces
 - 1 large wholemeal wrap
- Small wedge of lettuce, to give 2 tbsp when shredded
 - 3 slices of cucumber, chopped
 - 1 slice of pepper, chopped

Method

1

Mix the yoghurt and spices to taste and add the chicken.

This is a great way to use leftover roast chicken.

2

Spread the chicken mixture on the wrap, then sprinkle on the lettuce, cucumber and pepper.

Try other salad vegetables – grated carrot and chopped celery work well, too.

3

Fold opposite edges of the wrap, to keep the filling in, then roll up and cut in half.

Complete your lunchbox with:

Peach and strawberry slices

Homemade popcorn (for example flavoured with cinnamon)

150ml fruit juice drink (with no added sugar)



Highest scores on Times Tables Rock Star this week are.....

- Year 2 - Takunda and Dila
- Year 3 – Hartejpal and Mahmoud
- Year 4 – Rahand and Ahmad
- Year 5 – Damilola and Roba
- Year 6 – Rawa and Sahar

Well done everyone for keeping up the hard work with this, keep going to see if you can make it to the top 2 next week!