

Newsletter

Information

Social Distancing

Thank you for maintaining social distance at the gates when dropping off and collecting your children. To reduce the risk of transmission please can you also wear a mask particularly if you need to speak to a member of staff. Where possible please phone school or use Dojo to pass on messages to teachers.

There are still some parents standing in small groups whilst waiting to drop off or collect their child. For everyone safety, please remember to maintain social distance at gates. Thank you to all of you who are wearing masks.

Settling Back

The children have had a much better week and are certainly more settled in classes. Because they have missed so much work please could you ensure that they complete their homework which will help them catch up. They should remember to read everyday. It would be beneficial if your child has access to an iPad, tablet, laptop or I phone as they will be able to use the apps to help them with their spellings, times tables and reading in a fun way. They should try and spend half an hour on these games every day. Your child has their own password and logins. If you have any problems with that please ask your child's class teacher for help via dojo.

Attendance

We understand that this is a worrying time and particularly when children fall ill it is difficult to know whether to keep them off school or not. Please use the attached leaflet to help you decide whether their symptoms are COVID related or not. For further advice please call 119 and they will be able to help. Please try and make sure your child is in school everyday and on time as they cannot afford to lose any learning time.

Punctuality

Attendance and punctuality is improving. However there are still a number of children arriving late. As well as missing their learning time, having them come through reception is a health and safety risk. We cannot allow children from different year groups to mix and therefore can only allow them in one at a time. It then takes the children longer to get in to class and also takes up a lot of time for the office staff. (It is important that children start the day in a positive way and do not miss the first part of their lesson. Please support us and help to get the children to school on time.

Secondary Schools Applications

Parents of children in year 6 will have received information about how to apply for a secondary school place. Please make time to look at the information from the secondary schools before you make your choice. Take time to make your application as all applications will only be considered after the closing date on **31st October**. If applications are late it is unlikely your child will get a place in a school of your choice. Competition for school places is high so please make sure you name at least 3 schools of your choice. If you only name one and you have no others on your list your child can be allocated a place in any school in the city. Applications should be made online. If you need any help or advice please contact school.

Packed Lunches

The contents of packed lunches are improving and much healthier options are included. It is difficult so we thought it might be helpful to give you a few ideas in each newsletter that you might like to try.

Spicy chicken and salad wrap recipe

Ingredients

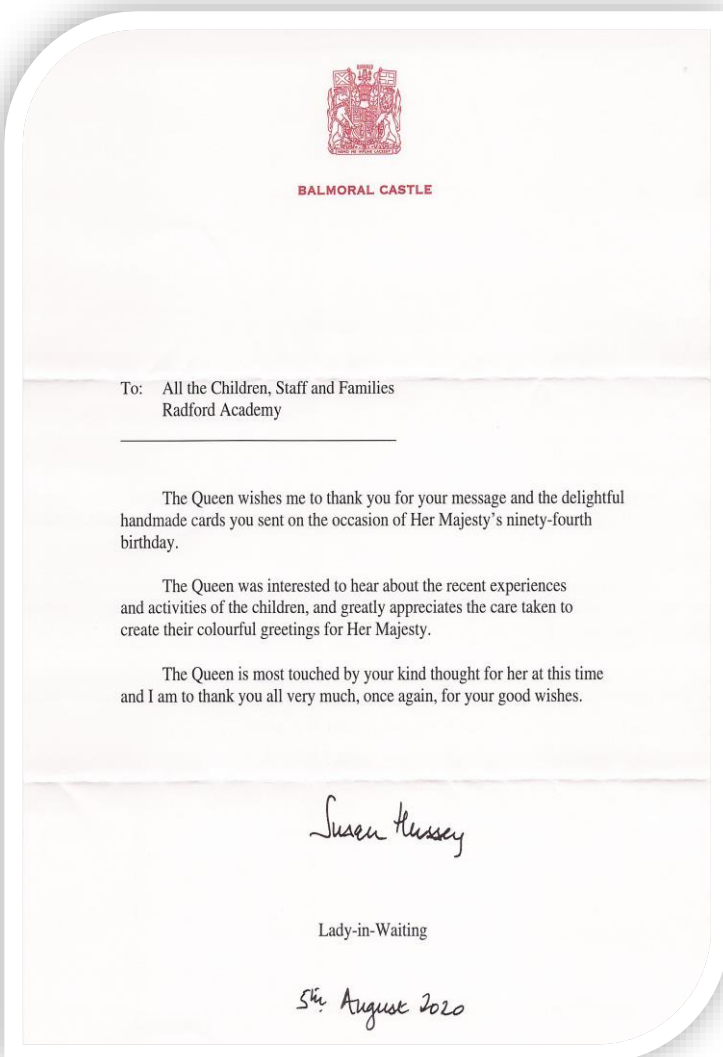
- 1 tbsp low-fat Greek style yoghurt
- ¼ tsp of curry powder, to taste
- Large pinch of chilli powder, to taste
- 85g cooked chicken breast, chopped into small pieces
- 1 large wholemeal wrap
- Small wedge of lettuce, to give 2 tbsp when shredded
- 3 slices of cucumber, chopped
- 1 slice of pepper, chopped

Method

- 1-Mix the **yoghurt** and **spices** to taste and add the **chicken**. *This is a great way to use leftover roast chicken.*
- 2-Spread the chicken mixture on the **wrap**, then sprinkle on the **lettuce**, **cucumber** and **pepper**. *Try other salad vegetables – grated carrot and chopped celery work well, too.*
- 3-Fold opposite edges of the wrap, to keep the filling in, then roll up and cut in half.



During lockdown the children designed some beautiful birthday cards for the Queen as it was her 94th Birthday. We posted these to her and received a lovely response that we thought would be lovely to share with you all.



Swimming

We are pleased to say that [year 3 and 4](#) will be able to start their weekly swimming lessons after the October half term, they will be on **Thursday** afternoons. Can you ensure your child has their swimming kit each week.

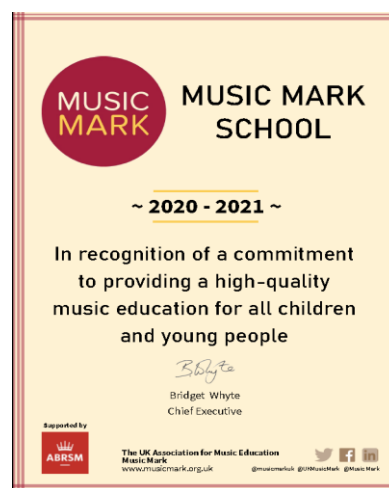
Boys – swim shorts (not below the knee), towel, swim hat.

Girls – Full Swim suit/costume, towel, swim hat, hair tied back, no jewellery.

Please ensure they have a suitable coat and hat as we will be walking there and back.

Music Award

Radford Academy is proud to have been awarded the Music Mark award for our commitment to providing a high quality music education for all children in our school.



Year 3

This week class 3 had a lovely time making home made pizza's as part of our Food Technology project, children thought carefully about designing a healthy pizza using foods from all the food groups.



Year 5

Class 5 children have been sent home with their new blazers and ties today. Can parents please message on class dojo to confirm they have received them. Children are now expected to wear these to school as part of their school uniform, we look forward to seeing how smart they all look.



A big well done to all of year 2 for working so hard this week in class. Miss Booth and Miss Turner are very proud of you all.



Can you help us provide healthy, nutritious food for the 24 guests in our night shelter?

Emmanuel House's Harvest 2020 Appeal is looking a little different to previous years. But despite our current services running in different ways, we still need help from schools to provide food for some of Nottingham's most vulnerable people.

Due to the Coronavirus pandemic and the government's 'Everyone In' policy, the Nottingham Night Shelter moved into a hotel on 27th March 2020. We've been providing much-needed support during a period of crisis and have enabled rough sleepers to self-isolate in individual rooms throughout the pandemic.

As well as private rooms with en-suite facilities, hot showers, housing advice and health support, we are also providing our guests with food, drinks and snacks with the help of other voluntary sector organisations. **We are currently serving 72 meals a day – that's over 500 meals every week and over 2,000 every month.**

For people that arrive at our night shelter, hot food and a warm welcome is the beginning of their journey with us. It's important for those who arrive at the hotel to have a healthy, well-balanced meal that is full of nutrients.

How you can help provide food for homeless, vulnerable and isolated adults in Nottingham:

Food donations: We will be batch cooking food at Emmanuel House's kitchen and making daily deliveries to the hotel for lunch and dinner. We need ingredients so that we can cook these fresh, tasty meals.

Financial donations: If you'd like to contribute to the cost of ingredients, you can donate money to the shelter. **It costs us £2.50 to provide one guest's meals for one day.** Please download the donation form we have sent to you, so we can keep track of where the money is coming from. You can directly transfer to our bank account or drop off cash donations to the centre. Please return the form to accounts@emmanuelhouse.org.uk.

If you have any questions about Emmanuel House's Harvest 2020 campaign, please get in touch – rosie.needhamsmith@emmanuelhouse.org.uk.

Wishing you a joyful harvest with thanks for all of your support!

Rosie Needham-Smith and Gill Barker

Marketing and Fundraising Team
Emmanuel House Support Centre

Most needed food items:

Fresh fruit
Fruit pots
Stock cubes
Sachets of condiments and sauces
Jars of cooking sauces
Cooking oil
Individual porridge pots
Tins of:
•Tomatoes
•Vegetables
•Puddings
•Fruit
•Fish
•Meat
•Beans
•Pulses
Biscuits
Fruit tea
Sugar
Instant coffee
Long-life milk
Rice
Flour

COVID SYMPTOMS AT HOME FLOW CHART

