



On 21<sup>st</sup> January 2016, we visited the  
Gurdwara in Radford

Sikhs take off their shoes in the presence of the holy scriptures and also never turn their back on them



They may also wash their feet before going into the main room for worship



We all covered our heads and the girls sat on one side and ...



The boys sat on the other side. Sikh men and women cover their heads at all times as an expression of respect to their Gurus.



The holy book is kept on a raised platform under a canopy in the place of worship



The Sikh Holy book is called the Guru Granth Sahib  
The tenth Guru, [Guru Gobind Singh](#) declared that there would be no other living Gurus but instead Sikhs could look to their holy scriptures for guidance, so the holy book became the 'Guru' (teacher).



We were able to walk round to see and hear the Holy Book being read.





Any building where the Guru Granth Sahib is kept is a Sikh place of worship. It is called the ***Gurdwara*** ('Gateway to the Guru').



Shanie talked to us about the beliefs of Sikhs and their customs.



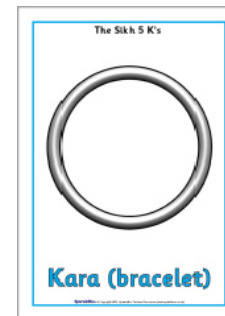
# Sikhs believe in 5 important symbols of their faith

The 5 Ks are 5 physical symbols worn by Sikhs who have been initiated into the Khalsa

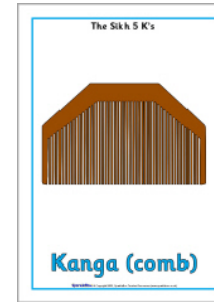
- Kesh (uncut hair)



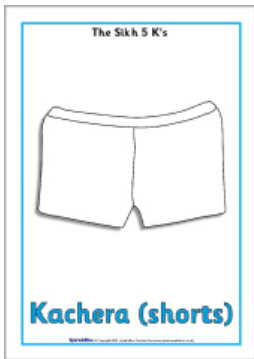
- Kara (a steel bracelet)



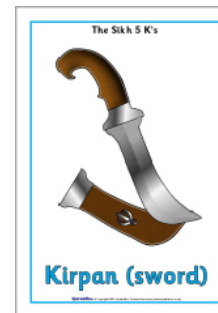
- Kanga (a wooden comb)



Kaccha -, Kachera (cotton underwear)



- Kirpan (steel sword)



Inside the Gurdwara is a room called the Langar, where food is prepared and shared with the people who have attended the service



Everybody was given a drink and some food after the visit.



# We all enjoyed our visit to the Gurdwara-Thank You

