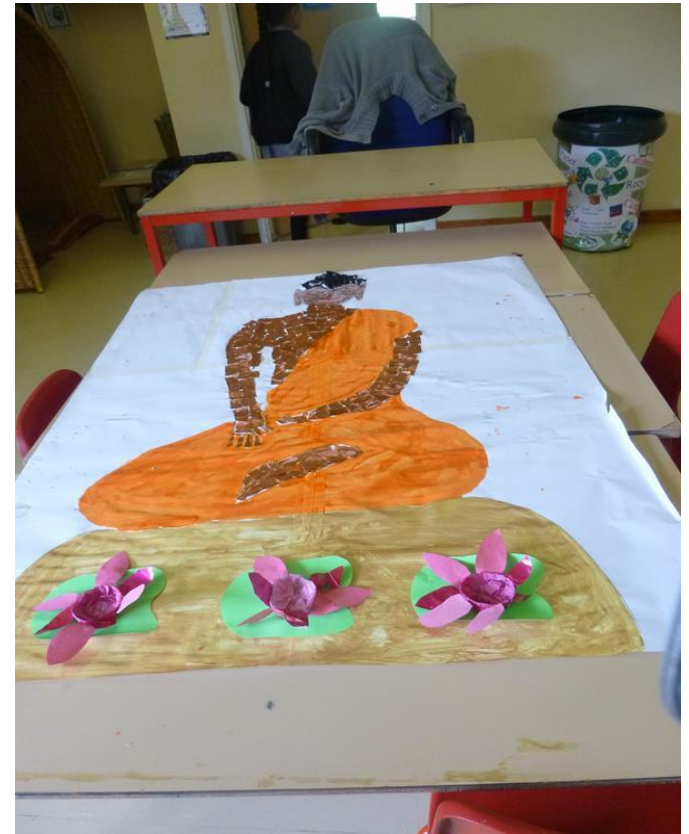


BUDDHISM



On Thursday 19th May, the Reverend and Mrs Johnson came into school and talked to us all about the beliefs held by Buddhist



**He told the story about the first Buddha.
Prince Siddattha, who lived in a palace,
where no one was unhappy, but one day
he went out onto the streets**



Saddattha saw people who were unhappy and had worries. He wanted to help so he went on a long journey to find out why there was unhappiness in the world



Reverend Johnson told us of how he sat under a bodhi tree, whilst he thought about the answer.



Siddattha taught others how to find the answer and they called him Buddha which means ‘The one who is awake’.



- **Buddhists sit with their legs crossed whilst they are thinking about the world. This is called meditation.**

He taught about how to reach 'enlightenment'-his guidelines for living a good life. There were eight.



Buddhists believe that water and lotus flowers are important. Wesak is the festival of light, held in May.



We saw and heard their rain drum and gong which call people together.



Zsolt dressed as a monk. Monks wear orange robes and will shave their heads



Buddhists prayer flags have different mantras written on them. The prayer is released when the flag blows in the wind. They also have prayer wheels which spin to release the prayer.



Buddhist believe that all life is precious and take care not to harm any living thing. We all had to take care not to tread on anything when we left the hall.

