

# Do you care for a young person with low level mental health needs?

“Mental health early intervention identified and provided effective early support to our son who is severely disabled with additional complex needs. The support for parents/carers provided at the early intervention stage has been very useful to us. We were involved in the early intervention work with our son which helped the mental health practitioner develop his positive behaviour support plan and this has really helped with his behaviour. **Early intervention is key and we urge parents/carers to get involved to have their say to help shape early intervention services.**”

We are looking for parents/carers to share their views and experiences, to help inform future support for those caring for young people up to the age of 25 years, who access the mental health early intervention pathway. Click [here](#) to find out more.

There are two ways that you can get involved:

- 1) Participate in a quick survey by Friday 18th September. To access the survey, click here: <https://www.surveymonkey.co.uk/r/KB2FHTP>
- 2) Register to take part in one of three focus groups taking place on the 2nd, 5th and 8th of September 2020.

Telephone interviews are available for those who may find this more accessible.

Kindly note all engagement ends on Friday 18<sup>th</sup> September 2020.

To participate in a focus group, telephone interview or to request materials in a different format, email [sasha.bipin@nhs.net](mailto:sasha.bipin@nhs.net) or call or text 07818580719.

