Mental Health and Wellbeing Relationships Online Safety Citizenship Economic Wellbeing

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Theme & Skills	Theme and Skills	Theme and Skills	Theme and Skills	Theme and Skills	Theme and Skills
Reception My Happy Mind	Meet Your Brain (6)	My HappyMind Places (3) Celebrate (5)	Appreciate (6)	Relate (6)	Engage (6)	My Happy Body (2) My Happy Relationships (2) My Happy World (2)
Personal Development & Enrichment	Visit to the local shop Visit from a baby/younger sibling to create a 'life timeline' Visit from an Emergency Service to fins out about 'real life' superheroes in our community.	Christingle at St Peters Nativity performance to tell the story of the first Christmas	Visit to the Forest School to trace the Gruffalo's steps. Retelling the story of the Chinese Zodiac in the Chinese New Year Assembly	Planting growing and caring for plants.	Looking after caterpillars and wacting them change into butterflies. Making fruit kebabs	White Post Farm visit Reception Class Wedding Nottingham University Gardening Careers Week
Year 1 MyHappyMind	Meet Your Brain (5) My HappyMind Places (2)	My HappyMind Places (2) Celebrate (4) Relationships – Showing respect and managing hurtful behaviour (1)	Appreciate (3) Healthy Lifestyles (2)	Relate (3) Families and positive close relationships (2)	Engage (4) Shared Resposnibilities (1) Communities (1)	Ourselves, Growing and Changing, inc. transition (3)
Personal Development & Enrichment	Rosa Parks Assembly Head Boy & Head Girl votes	Windmill Gardens Cinema Christingle at St Peters Nativity Anti Bullying Week	Nottingham Castle Safer Internet Day	Easter Bonnets Craft with Family	National Numeracy Day	Woodside Wildlife Park Careers Week
Year 2 My Happy Mind	Meet Your Brain (5) My Happy Mind Places (2)	My Happy Mind Places (2) Celebrate (4)	Appreciate (3) Keeping Safe (2) Media Literacy & Digital Resilience (1)	Relate (3) Friendships (1)	Engage (4) Safe Relationships (2)	Economic Wellbeing (2) Ourselves, Growing and Changing – Transition (1) RSE
Personal Development & Enrichment	Space Day Head Boy & Head Girl votes	Artefact loan box – History Pantomime Dragon Egg Christingle at St Peters Nativity	Safer Internet Day Hajj – Parent talk	Windmill Gardens Easter Bonnets Craft with Family	National Numeracy Day Maths Roadshow	Sherwood Forest Windmill Gardens Class Assembly Careers Week
Year 3 My Happy Mind	Meet Your Brain (5) My Happy Mind Places (2)	My Happy Mind Places (2) Celebrate (4)	Appreciate (3) Healthy Lifestyles (2)	Relate (3) Friendships (1) Families and Close Positive Relationships (1)	Engage (4) Shared Responsibilities (1) Communities (1)	Ourselves – Growing and Changing – Grief (1) Ourselves – Growing and Changing – Transition (1) RSE
Personal Development & Enrichment	Captivating creatures Head Boy & Head Girl votes 'Thrive' Keeping Healthy workshops	Pantomime Christingle at St Peters Road Safety Week	Windmill Gardens – Rocks and Soils Safer Internet Day	Cresswell Crags Easter Bonnets Craft with Family	National Numeracy Day Maths Roadshow Hindu Temple Visit Egyptians Day with Partake Theatre	Sea Life Centre Careers Week
Year 4 My Happy Mind	Meet Your Brain (5) My Happy Mind Places (2)	My Happy Mind Places (2) Showing respect and managing hurtful behaviour (1)	Appreciate (4) First Aid (1)	Relate (4) Safe Relationships (1)	Engage (4) Keeping Safe (1)	Economic Wellbeing (3) Ourselves – Growing and Changing – Transition (1)

Mental Health and Wellbeing Relationships Online Safety Citizenship Economic Wellbeing

		Celebrate (4)	Media Literacy and Digital Resilience (1)			RSE
Personal Development & Enrichment	Head Boy & Head Girl votes Viking Workshop	Windmill Gardens St Peter's Church – Christingle & Symbolism **Road Safety Week**	Southwell Minster – Romans Safer Internet Day	Perlethorpe – Victorians Easter Bonnets Craft with Family	National Numeracy Day Maths Roadshow Into University	Heights of Abraham Local Area Walk Careers Week
Year 5 My Happy Mind	Meet Your Brain (5) My Happy Mind Places (2)	My Happy Mind Places (2) Celebrate (5)	Appreciate (4) Healthy Lifestyles (2)	Relate (4) Friendships (1) Families and Close Positive Relationships (1)	Engage (4)	Economic Wellbeing (3) Ourselves – Growing and Changing – Grief (1) Ourselves – Growing and Changing – Transition (1) RSE
Personal Development & Enrichment	**Attwell Farm visit** Forest School Head Boy & Head Girl votes	Roots of Empathy **Forest School** Capital One visit BBC Concert Orchestra Christingle at St Peters **Road Safety Week**	Roots of Empathy **Forest School** Safer Internet Day	Roots of Empathy Holocaust Centre Forest School Easter Bonnets Craft with Family	National Numeracy Day Roots of Empathy Voice Choice Forest School	Cleethorpes Roots of Empathy Gurdwara Visit Careers Week
Year 6 My Happy Mind	Meet Your Brain (3) My Happy Mind Places (2)	Shared Resposibilities (2) Showing Respect and Managing Hurtful Behaviour (1) Celebrate (2) Communities (1)	Appreciate (2) First Aid (1) Drugs, Alcohol & Tobacco (1) Media Literacy & Digital Resilience (2)	Relate (2) Friendships (1) Safe Relationships (1)	Engage (2) Be Your Best (3)	Transition Programme (4) RSE
Personal Development & Enrichment	Music Camp Head Boy & Head Girl votes **Bikeability** **Safety Zone** Into University	Christmas Carol Production Victorian Christmas at Wollaton Hall Christingle at St Peters BBC Concert Orchestra **Road Safety Week**	Safer Internet Day	Church visit Easter Bonnets Craft with Family Windmill Gardens	Sponsored Walk London Residential National Numeracy Day	Nottingham Citizens Great Project Into University **transition** Islamic Centre visit Careers Week