
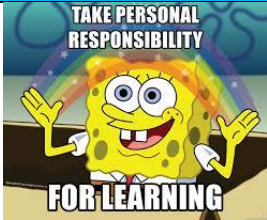

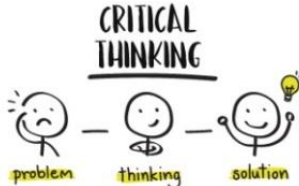






Character Profile of a Radford Athlete in Year 4	Self Manager – organise and be responsible for their progress in PE and the equipment	Effective Participants – engage actively with all types of PE	Resourceful Thinker – find links and relationships between sports, apply imaginative thinking to create new sporting tasks
	 <ul style="list-style-type: none"> • I can describe my own strengths and weaknesses in PE • I welcome opportunities to take on added responsibility in PE • I can organise own time in PE 	 <ul style="list-style-type: none"> • I am determined not to 'give in' too easily in PE • I can decide when they need 'time out' or 'thinking time' to deal with emotions in PE • I can manage disappointments and keep emotions in check in PE 	 <ul style="list-style-type: none"> • I can ask questions in PE to check understanding • I can give alternative solutions or explanations in PE • I am tenacious in PE when things get difficult
Literate, Numerate and Digital - apply English, Maths and Computing in PE	Independent Enquirer – plan how to improve a game and use tactics	Team Worker – work collaboratively with others to improve performance in PE	Reflective Learner – Monitor their own and others' performance in PE and reflect on the strengths and areas to improve
 <ul style="list-style-type: none"> • I can read and follow instructions • I can use number work and directions to help with my PE lessons • I can use computing skills to record my work in PE 	 <ul style="list-style-type: none"> • In PE, I can break down complex ideas into steps. • I can complete a task in PE without reminders from others 	 <ul style="list-style-type: none"> • I can communicate capably as a team member in a joint PE activity. • I can take on a specific allocated role in a team • I can keep focused on a task and avoid distractions in PE 	 <ul style="list-style-type: none"> • I can review learning and identify a factor that could help make me a more effective learner in PE • In PE, I value and use feedback that helps to improve the quality of my work and learning