STAY SAFE ONLINE...

Nottinghamshire SAFEGUARDING CHILDREN Board

Personal Information

- Be careful and think about how much you share online

- Never give your full address or phone number to people you don't know.

Privacy Settings

- Make sure your social network profiles are private – if not anyone can see your information and posts

- Treat your password like your toothbrush, don't share it and change it regularly

- Password tip - use upper and lower case letters, numbers and symbols for a super strong password.

Stranger Danger

- Consider who you become 'friends' with online, not everyone is who they say

- Never meet up with anyone you meet online if you don't know them in 'real' life without a parent or carer

- If someone is aggressive or inappropriate learn how to report it and block them.

NOTTINGHAM CITY Safeguarding Children BOARD

For further information visit https://www.nottinghamshire.police.uk/advice/prevention/online

Sexting

- Don't send rude pictures of yourself, they can easily be sent on

- You may be committing a criminal offence if you share a photo that was sent to you.

Where To Go

- Childnet.com
- Cybermentors.org.uk
- Getsafeonline.org
- Nspcc.org.uk
- Ceop.police.uk
- Call Childline on 0800 11 11

Cyber Bullying

- Respect others, you may not realise how your words affect people

- If you are sending unkind messages you may be committing a criminal offence

- Don't retaliate, always screenshot or save any nasty messages you receive and block the bullies.

Online Gaming

- Keep personal information safe, make sure you know how to report problems or block people

- Don't get stung with a huge bill, be aware of 'in-app purchasing'

- Downloading game cheats, may not be legal and you could be downloading a virus.

Social Networking

- Think before you post, whatever goes online can be shared and you could lose control of who sees it

- Be careful about the photos you share, do they give away lots of information about you?

REMEMBER

- If something doesn't feel right or safe it probably isn't. Talk to someone you trust

- All social network sites and YouTube have 'report' buttons. Use them.